

Recovery Center of Hamilton County

Break Week Schedule

November 11 - 15, 2024

	Monday November 11	Tuesday November 12	Wednesday November 13	Thursday November 14	Friday November 15
10:30	Class Sign-Ups Angela's Room	Class Sign-Ups Angela's Room	Class Sign-Ups Angela's Room	Class Sign-Ups Angela's Room	Class Sign-Ups Angela's Room
10:30		Pillow Making (2hr) Remeka / MPR	FREE Health Assessments Nursing Students / MPR	Pillow Making (2hr) Remeka / MPR	Info about Medicare Beverly / Overflow FREE Health Assessments Nursing Students / MPR
11:45	Goal Setting Greg F. / Overflow	Building Beauty with Buttons Christine / Overflow	Diabetes Management Nursing Students / MPR	Engineering AI Prompts Daniel / PC Lab	Sleep Hygiene Nursing Students / Overflow
	Movement is Good Pamela / MPR		Stress Management Nursing Students / Overflow	Front Desk Volunteer Meeting	Healthy Eating Nursing Students / MPR Journey to Recovery Emily / Angela's
12:45	Lunch	Lunch	Lunch	Lunch	Lunch
1:30	Class Sign-Ups Angela's Rm.	Class Sign-Ups Angela's Room	Class Sign-Ups Angela's Room	Class Sign-Ups Overflow Room	CLOSED EARLY Staff Mtg.
1:30	Sports, Shorts, & More Bill / Overflow	Holiday Movie Compilation Overflow Room	Pickleball Bill / Outside	Overcoming Social Anxiety, Practicing Fun Group Interactions Christ College / MPR	
1:30	Card Games Kaitlyn / MPR		Watercolor Jerry / MPR	Bipolar Depression Support Group Andrea / Angela's	

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