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|  | **Monday**  **August 7** | **Tuesday**  **August 8** | **Wednesday**  **August 9** | **Thursday**  **August 10** | **Friday**  **August 11** |
| **10:30** | **Class Sign-Ups**  Angela’s Rm. | **Class Sign-Ups**  Angela’s Rm. | **Class Sign-Ups**  Angela’s Rm. | **Class Sign-Ups**  Angela’s Rm. | **Class Sign-ups**  Angela’s Room |
| **10:30** |  | **Chair Boxing**  Pam/ Exercise Room | **Pickleball!!!!**  RC Pickleball Complex |  |  |
| **10:30** |  | **Card Making**  Mary | **Walking**  with Johnny | **Walking**  with Johnny | **Walking**  with Johnny |
| **11:45** | **Rock Painting**  Allyson/Mary | **Learn to Embroider**  Christina  Overflow Room | **Breathe and Receive**  Yolonda/MPR | **Creative Writing**  Brian  MPR | **Board Games and Cards**  MPR |
| **12:45** | Lunch | Lunch | Lunch | Lunch | Lunch |
| **1:30** | **Class Sign-Ups**  Angela’s Rm. | **Class Sign-Ups**  Angela’s Room | **Class Sign-Ups**  Angela’s Room | **Class Sign-Ups**  Angela’s Room | Staff Meeting |
| **1:30** | **Learn to Embroider**  Christina | **Self-Care Bingo**  Christine | **Sidewalk Chalk and Bubbles**  Mary | **Movie**  Inside Out |  |
| **1:30** |  | **True Defense**  Master Korchack | **Closing the Gap thru Art**  Jerry/MPR | **Bipolar Depression**  Andrea/Angela’s Room |  |