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|  | **Monday****August 7** | **Tuesday****August 8** | **Wednesday****August 9** | **Thursday****August 10** | **Friday****August 11** |
| **10:30** | **Class Sign-Ups**Angela’s Rm. | **Class Sign-Ups**Angela’s Rm. | **Class Sign-Ups**Angela’s Rm. | **Class Sign-Ups**Angela’s Rm. | **Class Sign-ups**Angela’s Room |
| **10:30** |  | **Chair Boxing**Pam/ Exercise Room | **Pickleball!!!!**RC Pickleball Complex |  |  |
| **10:30** |  | **Card Making**Mary | **Walking** with Johnny | **Walking** with Johnny | **Walking** with Johnny |
| **11:45** | **Rock Painting**Allyson/Mary | **Learn to Embroider**ChristinaOverflow Room | **Breathe and Receive**Yolonda/MPR | **Creative Writing**BrianMPR | **Board Games and Cards**MPR |
| **12:45** | Lunch | Lunch | Lunch | Lunch | Lunch |
| **1:30** | **Class Sign-Ups**Angela’s Rm. | **Class Sign-Ups**Angela’s Room | **Class Sign-Ups**Angela’s Room | **Class Sign-Ups**Angela’s Room | Staff Meeting |
| **1:30** | **Learn to Embroider**Christina | **Self-Care Bingo**Christine | **Sidewalk Chalk and Bubbles**Mary | **Movie**Inside Out |  |
| **1:30** |  | **True Defense**Master Korchack | **Closing the Gap thru Art**Jerry/MPR | **Bipolar Depression**Andrea/Angela’s Room |  |