Recovery Center of Hamilton County

Break Week Schedule

March 16th 2026 - March 20th 2026

	Monday March 16, 2026	Tuesday March 17, 2026	Wednesday March 18, 2026	Thursday March 19th, 2026	Friday March 20th, 2026
10:30 AM	**Class Sign-Ups** Angela's Room	**Class Sign-Ups** MPR	**Class Sign-Ups** Angela's Room	**Class Sign-Ups** Angela's Room	**Class Sign-Ups** Angela's Room
	Weight Training Volunteers / Gym	**Scattegories** Paula / Overflow	**Midweek Rewind: Healing Practices** Yolonda / Overflow	**Yoga** Video / MPR	**Health & Wellness Activity** Arizona State Nursing / MPR
	Blank Slate Paula / Overflow	**Exploring LGBTQIA2S+ Cinema: Contemporary Films** - Fred / Angela's	**Pictionary** Andrea / MPR	**Cards** Ian / Overflow	
11:45 AM	**Class Sign-Ups** Angela's Room	**Class Sign-Ups** MPR	**Class Sign-Ups** Angela's Room	**Class Sign-Ups** Angela's Room	**Class Sign-Ups** Angela's Room
	Family Feud Sheila / MPR	**Gaming for Mental Health** Julie / Overflow	**Health & Wellness Activity** Christ College / MPR	**Wellness Family Feud** Andrea / MPR	**Health & Wellness Activity** Arizona State Nursing / MPR
	Movie: A League of Their Own Amanda / Overflow	**LGBTQIA2S+ Community & Friends** Fred / Angela's	**Member Art Committee Focus Group for Pendleton** Jerry / Overflow	**Gentle Chair Yoga** Video / MPR	
12:45PM	**L U N C H**				
1:30 PM	**Class Sign-Ups** Angela's Room	**Class Sign-Ups** Angela's Room	**Class Sign-Ups** Angela's Room	**Class Sign-Ups** Overflow Room	**CLOSED EARLY FOR STAFF MEETING**
	Sports Shorts & More Jonathan / MPR	**Self-Care BINGO** Christine / MPR	**Movie:** Jeannie / Overflow	**Music Trivia** Amanda / MPR	
	Karaoke Amanda / Overflow	**Lanyard Making** Bubbles / Overflow	**Watercolor** Jerry / MPR	**Depression/Bipolar Support Group/**Andrew/AR	